

Instructions after FLAP SURGERY

Numbness from the surgery may last for 2-4 hours. Apply icepack externally on the affected area only on the first day.

Please take prescribed pain medications and antibiotics according to schedule. Do not discontinue until course is over.

Do not use tooth brush on the stitches , it may lead to pulling , breaking or bleeding from gums and pain. suture removal will be done after 7-10 days

Use mouthwash as prescribed from second day/ 24 hrs post op.

Drink lots of fluids, and eat soft food on the opposite side. Avoid smoking, alcoholic beverages and hot or spicy foods. You may resume normal eating as soon as you are comfortable.

Avoid vigorous chewing, excessive spitting or aggressive rinsing during healing phase.

Contact the office immediately if you have heavy uncontrolled bleeding, severe pain, fever, continued swelling post 5 days on 8097292500

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